



# **“The Value of Employee Well-being”**

**Tri-State Health Care Coalition (TSHCC)**

**16th Annual Conference**

**Thursday, October 21, 2010**

**7:45 a.m.— 2:00 p.m.**

**Blessing Conference Center**

**28th & Oak Street**

**Quincy, IL 62301**

## **Sponsors/Exhibitors:**

**ComPsych**

**Cottingham and Butler**

**Delta Dental**

**HealthLink, Inc.**

**MedTrak Services**

**Novo Nordisk**

**Pfizer, Inc.**

**SHRM—Quincy Chapter**

**VSP**



## AGENDA

- 7:45-8:15 a.m.**            **Registration/Continental Breakfast/Vendor Exhibits**
- 8:15-8:30 a.m.**            **Welcome and Opening Remarks**  
*Jodie Felter, TSHCC President, IL*  
*Bev Rossmiller, TSHCC Executive Director*
- 8:30-9:15 a.m.**            **“Wellness Focused Benefit Design”**  
*Jake Glover, Director of Health & Wellness Initiatives*  
*America’s Health Insurance Plans, Washington D.C.*
- 9:15-9:45 a.m.**            **“Health Leadership Delegation Community Report”**  
*Laura Hyde, Alliance for Building Community, Quincy, IL*  
*Julie Shepard, Adams County Health Department, Quincy, IL*
- 9:45-10:00 a.m.**           **Break/Vendor Exhibits**
- 10:00–10:45 a.m.**        **“What’s New in Contracting and Compliance Issues”**  
*John Ottavi, Employee Benefits, Vice President*  
*Linda Perry, Compliance Officer*  
*Cottingham & Butler, Dubuque, IA*
- 10:45-11:30 a.m.**        **“Employer Case Study”**  
**TBA**
- 11:30 a.m.-12:15 p.m.**   **Lunch & Vendor Exhibits**
- 12:15-1:00 p.m.**        **“City of Knoxville, TN—An Employer’s Journey in Wellness Plan Design”**  
*Gary Eastes, Risk & Benefits Manager*  
*City of Knoxville, TN*
- 1:00-1:45 p.m.**            **“Improving the Health of the Monsanto Family – A Wellness Journey”**  
*Jaime Aholt, Monsanto Wellness Coordinator*  
*Monsanto, St. Louis, MO*
- 1:45-2:00 p.m.**            **Concluding Remarks/Prize Drawing**

## Registration

Tri-State Health Care Coalition (TSHCC)  
16th Annual Conference  
October 21, 2010  
Blessing Conference Center  
28th & Oak Street  
Quincy, IL 62301

**REGISTRATION** Please type or print clearly.

_____		
Name	Title	
_____		
Company/Organization		
_____		
Address		
_____		
City	State	Zip
(____)	(____)	_____
Phone	Fax	
_____		
E-Mail Address (all registration confirmations will be sent via e-mail only)		

**Note:** To register multiple attendees from the same company/organization with one check, please submit a registration form for each individual and include all forms along with the check in one envelope.

**REGISTRATION FEES:** The cost for this seminar includes a continental breakfast and lunch. Register early for best pricing. **Registration deadline is October 14, 2010.**

	Early Registration Before October 8	After October 8
<b>TSHCC/SHRM Member</b>	_____ \$40.00	_____ \$50.00
<b>Non-TSHCC/SHRM Member</b>	_____ \$60.00	_____ \$70.00
Amount of check enclosed \$ _____		
<b>(Payment must accompany registration form.)</b>		

**ATTN: TSHCC/SHRM Members, we will invoice you for the registration.**

Please mail your completed registration form along with payment to:

Tri-State Health Care Coalition  
301 Oak Street  
Suite 2-33  
Quincy, IL 62301

