

Tri-State Health Care Coalition Focus for 2006

Each year we survey our members to find out areas of interest and what programs and services you want us to focus on. Based on the survey results we will continue to work on programs and services that focus on the following areas:

- ◆ **Cardiovascular Disease**
- ◆ **Hypertension (High Blood Pressure)**
- ◆ **High Cholesterol**
- ◆ **Diabetes**
- ◆ **Women's Health**
- ◆ **Men's Health**
- ◆ **Pharmacy Benefits (PBM)**
- ◆ **Dental PPO**
- ◆ **Health Literacy**
- ◆ **Disease Management**

To accomplish this, we will continue working on these programs:

- ◆ **Bridges to Excellence (BTE)**, is a program designed to promote improvements in the quality of patient care. The coalition is one of four pilot sites chosen. We are focusing on Cardiac Care and Diabetes.
- ◆ **Healthy At Heart** is a disease management/educational program funded by Pfizer. The program focuses on three areas: Cholesterol,

Hypertension, and Diabetes. Participants receive a series of mailings throughout the year designed to support their efforts, encourages them to comply with medication and lifestyle changes.

- ◆ **Health Literacy.** The Ask Me Three information from The Partnership for Clear Health is still available. As we come across additional resources from various vendors we will make them available to our members.
- ◆ **Special Presentations** As appropriate, we will ask our contributing members, Pharmaceutical reps and vendors to give presentations to our members. We currently have two presentations scheduled in March. On March 6, John Ottavi, Cottingham & Butler will give a presentation on Health Savings Accounts (HSAs). Then on March 24, Mark Donahue, Lumenos will give a presentation on Health Reimbursement Accounts (HRAs). Both presentations will be held at the Quincy Business & Technology Center in the 5th floor conference room from

11:30 a.m.—1:00 p.m. Throughout the year, we will provide additional presentations on topics such as Men's Health, Women's Health and Pharmacy Benefits.

If you are interested in hearing more about any current health care trends or services, please let us know.

Other program and services currently available from the Tri-State Health Care Coalition include:

- ◆ **Pharmacy Benefits**
- ◆ **Management (PBM)**
- ◆ **Claims Administration (TPA)**
- ◆ **HealthLink PPO Network**
- ◆ **HealthLink Workers Comp PPO Network**
- ◆ **Vision Plan (VSP)**